

**Duration:** 5 days (Sunday to Friday) or 3 Weekends with a maximum of 5 students per yacht

**Previous Experience Required:** None

**Course Overview:** You are welcome to come for just a refresher or one of the following courses: [RYA Start Yachting](#) , [RYA Competent Crew](#) or [RYA Day Skipper](#)

Please see the respective pages for these courses for further details

**Cost:** 5 Days

High Season (Apr - Sep): £520

**Cost** - per Weekend

High Season (Apr - Sep): £220

There are a variety of reasons why you might consider partaking in a ladies-only week on the water. Perhaps you feel that your male counterpart is not always the best person to learn from? Perhaps you've been sailing with a male crew who just aren't giving you a chance? Or maybe you're well overdue for a break away from the husband and family and would like the chance to meet new people with similar interests? Whatever the reason, our ladies-only courses will help to build your skills and confidence in a relaxed and friendly environment under the guidance of one of our several lady instructors.

**Itinerary:** Weekends: 1830 Friday until approximately 1600 Sunday. Weeks: 1830 Sunday until approximately 1600 Friday. For an example schedule of how you will spend the week or weekend please [click here](#)

**What's Included:** All food except the evening of joining, wet weather gear, sleeping bag with liner and pillow and accommodation onboard. Mooring fees are an extra and we suggest that you budget approximately £15 per weekend and £20 for 3 and 5 day courses. For details of what you should bring please [refer to the FAQ's section](#) .

**Course Dates:** Set up on demand

**Support Courses:** [SRC/VHF Radio](#) , [RYA First Aid](#) , [RYA Diesel Engine](#)

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